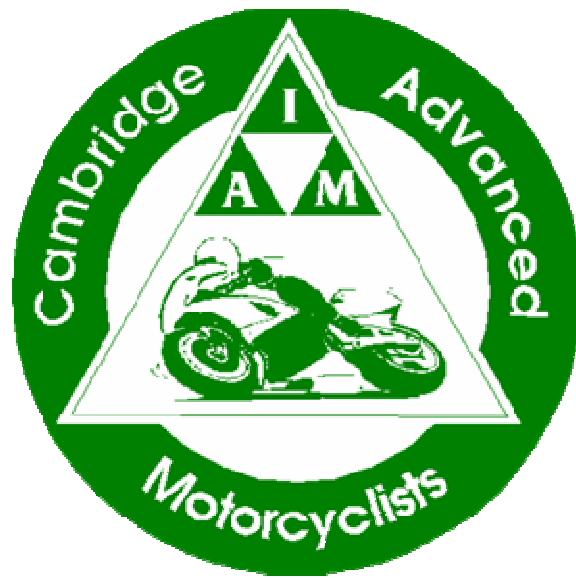


CAMunicate



The Newsletter
of
Cambridge Advanced Motorcyclists

www.camsiam.org.uk

Registered Charity Nos. 1085377

IAM Group No. 7221

Volume 10 Issue 6

Nov' / Dec' 2009

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Editorial

The final edition of CAMunicate for 2009 and unfortunately a thinner release than has been managed previously so for those of you who read the club magazine and want to see a variety of stories then 'put pen to paper' or 'fingers to the keyboard'. It's a simple equation of limited input equals limited content.

There are many aspect of motorcycling that are of potential interest to club members ranging from the bikes themselves, maintenance, riding tips, interesting routes & destinations to those matters relating to the roads themselves, be it surface condition, signage, speed control or congestion charging. If you have some interesting knowledge, have heard some news or have an opinion on something affecting motorcycling then write an article and invite debate.

It's your club magazine, read it, contribute to it and hopefully enjoy it.

From the Chairman's Bike

October is well under way now and the weather has started to change for the worse, it's time for us to put our thermal linings back in and to hunt down the winter gloves.

Why is it that I can only find one of them?

We have just returned from a trip to the French round of the WSBK championship, at Magny-Cours, and no thermal linings were required there. The best daytime temperature was 24°C, sunburn territory, but while heading back towards home, we ran into the most horrendous rain and the temperature drop was a staggering 16°C. It was very cold and we were wet, right through to the skin but it was well worth the trip, roll on 2010.

This month, in addition to twelve new associate members, we have also welcomed a couple of new, established, full members from another group; Meg and Vic Morris have joined us from Herts and Beds Advanced Motorcyclists after having moved into the area. Meg is a Senior Observer and we are currently making plans to integrate her into the Observer team by splitting the Observers into three groups. This should make things a little easier for the

three of us to manage and will enable us to get out a little more regularly with our respective Observer team members.

CAM committee business is progressing very well to date. Peter Burge, our Treasurer, is well on the way to reclaiming six years worth of gift aid on our CAM subscriptions after seeking your permission for us to do so. Thanks to all of you that have responded to Peter's request for your details. Currently we have reclaimed nearly £800 and returned this sum to our group funds but there is still a potential amount of up to £400 outstanding which we could use for the benefit of the whole group so, if you haven't already responded to Peter's request for your signature on the gift aid slip, please do so now. Contact Peter if you require a copy of the form; treasurer@cambisiam.org.uk

Unfortunately, we have just lost Mark Aldridge from our committee. It seems like we are dropping like flies at the moment.

Mark has decided to resign following a change of job as the increased pressure of work and his availability has made his position on the committee unmanageable.

I would like to thank Mark, on your behalf, for all of his constructive contributions to our varied discussions and for all of his hard work for the group over the past five or six months. We, the committee, would all extend a warm welcome to him if his personal circumstances were to change and enable him to resume his position with the CAM committee.

Mark will continue in his role as an Observer and will, no doubt, play an active role in our events when and where his time allows him to do so.

We invited Meg Morris to our September committee meeting and she stage managed an 'interesting' session of debate during which we were able to captivate her imagination and convince her that the benefits of joining the CAM committee were just too good to miss. Meg agreed to join us and we quickly completed the formalities.

We have also invited Andy Stone to our October committee meeting and we will probably try the same stunt with him!

Julie D'Alessandro is looking for one or two more volunteers, from our list of full members, who are interested in getting involved with leading and tailing some of our group rides. We run a short, two hours or so, training course which prepares you for both roles and following this, and committee approval, you are able to lead or tail our group rides. Julie's contact details are on the member's part of the CAM website or send a note to her via the club secretary (secretary@cambisiam.org.uk).

Our committee is also very keen to offer qualified run leaders/tailenders the opportunity to organise and lead an all day ride in 2010. We are well aware that, often, the lead position, and hence the responsibility for the ride, is snapped up before many leaders/tailenders realise that the dates have been finalised. This year we scheduled five all day rides from May to September. If you are a run leader/tailender and are interested in running an all day ride in 2010 then please contact Julie D'Alessandro.

We have a few more social events coming up in the remainder of this year and we have already started work on the CAM calendar for 2010. Check out the events section on the front page of the website for further information at www.cambisiam.org.uk

Contact David Schindler, the custodian of our calendar, directly if you have any ideas for next year's events that you think might interest our members. David's contact details are on the member's part of the CAM website or send a note to her via the club secretary (secretary@cambisiam.org.uk).

The CAM Assessment Day was a brilliant success on 13th September and, with the generous support of a band of our Observers, we were able to sign up eight new Associate members. Thanks are due to Chris Curryer for the use of the BT building in Long Road and to all of the Observers that gave up their Sunday morning for this important event.

You may remember that the last time I wrote this column in CAMunicate we were considering some declarations of interest from members wishing to be considered for entry into the CAM Trainee Observer program.

I am pleased to report that four potential Trainee Observers attended the CAM Observer Taster Evening which was held at Royston on 16th September. This evening was arranged to give interested members an up to date idea of how much commitment is required and how much training is provided for Trainee Observers before they are 'released' into the CAM community. The evening seemed to be well received because all four of the potential Trainee Observers have confirmed that they would like to take the next steps and have arranged check rides with Senior Observers to assess their suitability. Good luck to you all and thanks for your interest.

Fourteen members attended the CAM Maintenance Day, held at Royston on Saturday 26 September. The maintenance day team consisted of Steve Alsop, Sarah Burge, Chris Curryer, Jeremy Thompson, Peter Burge, Lynn Peters and me. Lynn Peters did a fantastic job of the organisation and the administration for the event, going so far as to arrive with hot sausages in rolls for the team. Brilliant!

The maintenance day team covered brakes, tyres, chains & sprockets, adjusting controls, bike electrics, keeping the bike clean and putting bikes away for winter and brining them back out again in spring. The whole day went really well again this year and we have subsequently received some excellent and useful feedback which we will use to improve future maintenance day presentations. Lynn rushed around all day, working her socks off, to make sure that everyone was in the right place at the right time and also provided us with copious quantities of tea and coffee. Thanks Lynn. Watch out on the calendar for another Maintenance Day in 2010.

The CAM First Aid day has been organised by Ian Beeby again this year and will take place on 7th November at Newport Village Hall. The day will involve six hours of first aid training and will also cover some basic accident management scenarios. Vic Smith, the trainer, has delivered many training courses for CAM and his courses have always been excellent, focussed around motorcycling and very practical. This training is certificated and normally costs £35 per person. CAM is subsidising the cost of this training which brings the actual cost to members down to £15 per person. Thanks go to Ian for organising this event for us.

Thanks to our editor for another edition of CAMunicate; he would love to receive any of your ideas and written contributions for inclusion in our newsletter. Producing CAMunicate when suitable material is just not there is difficult so please if you have any interesting stories, ride reports, specialist bike or riding knowledge which you could transfer into a written format then please submit them for inclusion in this publication.

Finally, I would like to take this opportunity to remind all members that, if you passed your advanced riding test some time ago, it is vital to think about how you are managing to maintain that high level of advanced riding consistently.

If you feel that you might benefit from a check ride out with one of the Observers, or one of the Senior Observers, then this can be arranged quickly and conveniently. The advantages of a regular check ride is that you will be given constructive feedback and ideas, if you need them, for sharpening up your riding and for keeping up to date with the very latest techniques. This is particularly relevant now that the IAM riding manual, 'How to Be an Advanced Rider' has been updated and replaced with a new publication, 'Be A Better Rider' as the updated version adopts a new approach in some areas. If you would like to arrange a check ride then please contact our Observer Coordinator Teresa Bradshaw at obs-coordinator@camsiam.org.uk

Don't forget to drop me a line or give me a call if you wish to comment, have any ideas that you think would be good for us to try or if you would like to suggest anything concerning the group or our activities; chairman@camsiam.org.uk or 07802 651319.

Hope to see you very soon.

Steve Bradshaw, CAM Chairman

Reclaim North Wales – a ‘call to arms’

"Have you seen page 13 of MCN? ", Robins' email was short and to the point.

"That would be the 'call to arms' to saturate North Wales with bikes in retaliation for the Police's heavy handed tactics".

"Yes; Do you want to go?"

"Yes".

Robin, who rides a GS, had received an email from Baldersons BMW inviting him to ride with them. It so happened that I'd just acquired a GS Adventure myself so it seemed like a good idea to link our beemers up with the Baldersons crew and other like minded customers and ride together, 'should be a laugh'.

Seven thirty at the services on the A605 just west of Peterborough saw about 20 bikes assembled, mainly GSs, their owners in a various state of readiness. Some needing breakfast to kick start the day, others just coffee.

Now, most people reading this will at some point, have ridden on one of CAM (IAM) Sunday rideouts. They will be familiar with the preparation, briefing, safety talk that always precedes these occasions. Not expecting too much, I was interested to see how other people went on. A young lady, (who I recognized from Baldersons) had turned up a little earlier on a 1200GS, leapt from the bike as it rolled to a stop, I'm not sure she could reach the ground, apparently she was leading the ride.

After she had devoured a huge burger she handed out some papers that had a line across the page but was too small scale to have road numbers, "why do we need these" I mused, we're being led. A while later while we were still trying to absorb this information, our 'leader' had her helmet on and was making a dash for the petrol station. One or two people took that to mean something – "perhaps they needed petrol as well!".

No! none of them needed petrol, it's a one way system around the garage to get out and they were out of the service area and away! The rest of us geared up as quickly as we could, not sure if that was the official 'lead', or a splinter group. No time to think - "that chap on the GTR looks like he knows something" I'll follow him!

Bikes were pouring out of the petrol station following us; I hope this guy knows what he's doing! "Oh no", he's slowing down and gesturing; "he doesn't know either, now what". Ah - another bloke on an Adventure roars past, he must know. He does a U turn, we all go back to where we started like a bunch of school kids who have lost their leader.

A discussion takes place between some people on BM,s and a guy on a Honda who I know to be an ex. traffic cop. It's the ex. cop that leads us away, this time in a more orderly fashion. After a while of enjoying the scenery and checking out the leaders riding style, I start to become slightly nervous about where we are heading, my sat nav. with the North Wales destination post code, keeps telling me to turn left or do U-turns. I just assume it's trying to get me onto motorways for the fastest route which at this point I definitely don't want to do.

But we arrive at a town, Derby I think, (I hardly ever know where I am !) and the ex. cop just makes a set of lights and the rest of us get stopped on red. It's one of these sets on a roundabout that you can't see across. When the lights change we carry on but the cop had gone and we never saw him again! The chap in front of me had been second in line and took the A38 away from there and on to the outskirts of town, but then pulled over and admitted he didn't know where he was or where he was going, well, you couldn't make it up, this just keeps getting better!

I said my sat-nav. had wanted me to turn left at the last roundabout, me and my big mouth. "You lead" he said. But I don't know where the hell we are. "You've got a sat nav. you lead".

By now there's only five bikes behind me, It's like some horror story where the last in line keeps getting picked off by ever sinister and gruesome means, are any of us ever going to

reach Horseshoe Pass! I steady the ship as it were, not too fast, keep everyone in sight. The mirrors on the GS are good, I can see they are all there.

As you would expect the GPS got us on big roads and kept us there, but now times getting on, we need to get there. We meet other groups, they don't seem to know where they are going.

I don't know if it was our matter of fact steady progress but soon I had between twenty and forty bikes following me, I had visions of an angry lynch mob should the sat nav. fail to get us there on time. I needn't have worried, police presence in gateways and other strategic points meant we were getting close.



We joined other bikes, more and more they were coming from everywhere. Then we turned left into the Horseshoe Pass road. The road was full of bikes going in both directions, "what's going on". Then we see the Ponderosa Cafe, and managed to find a patch of grass big enough to stand the bikes on in a sea of coloured metal and leather.

After a flask of tea and a packed lunch we stroll up the hill in the heather to fully appreciate the scale of the event. MCN would later report 5000 bikes attended that 12 noon meet, with 3000 at the other noon meet

further north. The 4 o'clock meet at Swallow Falls apparently attracted 10,000. With this number of bikes the police had expected carnage, but there were just four minor accidents with one needing hospitalization.

By this time Robin and I had had enough of the crush and headed off on the Llanberis road around Snowdon and on towards our B&B for the night. All in all quite an eventful day!

Garry Ellwood

All Day Ride – Ironbridge - 20th September

Pete Alder had us assembled at 8.15am sharp at Cambridge Services where seven of us soon set out on a mild sunny September morning to Shropshire. We were, as it turned out, to be guinea pigs for his new Garmin Sat Nav and were soon making good progress cross country past St.Neots and onto Kimbolton.



Stopped for a 'Sat-Nav' moment

After a well earned comfort break and having passed a farmer spreading sewage sludge next to the road, the smell which took at least 5 miles to get out of our helmets, we continued on along brilliant roads and undulating country side passing Althorp House and onto Rugby.

Our Brunch stop at around 12.30 was at the "Food Stop Café" near Bridgnorth about 12 miles from Ironbridge. I would recommend this café to any of you who pass nearby for good food, good service and great value.



The Food Stop Cafe- recommended

We arrived in picturesque Ironbridge early in the afternoon, parked up and headed up to the world's first cast iron bridge built over the River Severn in 1779. Ice cream from the aptly named "Vanilla Ice" was definitely the order of the day and a relaxing hour was spent chilling out in the warm sunshine.



From Ironbridge it was off through the Shropshire countryside to Kidderminster and then into Warwickshire where Stratford upon Avon was to be our last stop. Here we had to post a guard on our bikes to stop getting a ticket from an over zealous traffic warden who stood about 20 yards away weighing up the situation. He wimped out.

We left the home of Shakespeare at around 5.00 pm and made very good progress back to Cambridgeshire finally going our separate ways near Cambourne on the A428 after a

very enjoyable and well planned ride. Cheers Pete !

Paul Norman

Juliette's Ride' – 16th August 2009

Eighteen turned out on a dry, bright, sunny morning at Milton for what should have been Juliette's turn to lead a routine Sunday run.

After the usual briefing I said a few "broken" words of my memories of her.....

I first met Juliette about ten years ago, it was one Wednesday summer evening at Hunstanton. A group of us went on bikes for fish n chips. I was the only pillion, on the back of Martin. When we had parked up and took our helmets off, I was surprised to see it was a young woman who was riding the Ducati ! She walked straight up to me and said " Hello, I'm Juliette, do you ride ?" I thought fancy her asking me, a forty year old woman if I rode a motorcycle !

Since passing my test, three years after that first meeting we became good friends and rode hundreds of miles together. We only lived a few miles apart so we would often go out on our bikes at weekends.

She was my regular "tail ender" for the annual IAM Ladies Ride.

We've done a couple of track days together at Cadwell.

She came with me when I went for a test ride when the new Hornet came out.

Martin, Pete, Graham, Juliette and I, had a holiday in Belgium. We had an evening at The Nurburgring..... I'll never forget the surprised look on her face back in the paddock because I had over taken her down the start/finish straight. That brief moment in Hunstanton came back to me..... "Hello, I'm Juliette, do you ride?" !

We started "off roading" last winter, going out with Martin, Dave and Sarah. Juliette became the "joke". Who's turn would it be to go home to fetch the car and trailer when Juliette fell off and couldn't get the "PE" started this week ? I was trying to persuade her to trade her 2 wheels for a quad like mine !

We were planning another track day this year, also a horse riding trip in Thetford Forest.

It was never meant to be.

I invited Graham Scott to say a few words, then a minutes silence was held by all before we set off on a route Juliette and I rode many times together, or parts of it. I led the ride to Stretham, Soham, Littleport, Southery, Stoke Ferry, Brandon and stopped at Walkers, Mildenhall for refreshments. Carried on to Bury St.Edmunds, Wickhambrook, Wrating,

Burrough Green, Six Mile Bottom and finishing at Quay, just over 100 miles. The route was pure coincidental.... we passed through Stretham, where Juliette lived. Southery, where she was born and the spot where she died..... I gave her a toot !

"God bless you dear friend"

Janet Pinion

Route 66 – Online reports from USA



One of our members, Graham Pryke, has been following the famous Route 66 across the USA and has been compiling an online diary as he proceeds.

You can track Grahams' adventures by following the link;

<http://gproute66.blogspot.com/>.

Across is an images taken from the site.

Maintenance Day – 26th September

The popular Maintenance Day was run again this year and attracted fourteen members to the event held at the VOSA Testing Station in Royston

Demonstrations were given to small groups throughout the day covering tyres, chains/sprockets, chain tension, brakes, laying up your bike for winter, getting your bike out in the spring, care of batteries and adjusting the bike controls.

There were opportunities to meet other members of the group as well as receiving practical advice on the maintenance of your machine. The day ran from 9am until 2pm and light refreshments were provided for the all inclusive fee of £10.

The CAM team that delivered this event were;

Lyn Peters who organised the day, collected the money, did the administration, was responsible for 'first-aid' and provided the refreshments.

Sarah Burge who described the things to do when laying up a bike for the winter including cleaning, preventing mice, electrics, tyres, fuel and riding kit.

Chris Currver explained the motorcycle electrical and ignition systems. Areas covered included batteries, charging circuits, ignition systems, fault diagnosis, checking and replacing fuses / bulbs, fitting accessories.



Steve Alsop described the importance of cleaning, undertaking visual checks and the use of appropriate lubricants after cleaning.

Jeremy Thompson talked about setting controls to suit the rider including clutch adjustment, stop lamp switch and throttle free play.

Peter Burge provided an in-depth session on motorcycle braking systems and wheels. This included condition of wheels, brake discs, hoses, callipers, wheel bearings, brake pad wear, system checks and brake fluid checks. A good overview of many of the things you should know to keep your brakes in good shape



Steve Bradshaw focused on the final drive including chains, sprockets and tyres. Areas covered included an explanation of how it all works and details of how to check and maintain.

Miscellaneous Notices

First Aid : Saturday 7th November

We are pleased to announce that on Saturday 7th November Cambridge Advanced Motorcyclists will be offering a First Aid Course for Motorcyclists. The course will be run at Newport Village Hall between 9am and 5pm.

This course is specifically aimed at issues relevant for motorcyclists, and in addition to the fundamental principles of first aid will also cover how to respond when faced with a road traffic accident that has involved a fellow motorcyclist. This is a formal first aid course being run by a qualified instructor and all participants will receive a certificate marking their attendance.

There are a number of similar courses offered commercially, and these tend to cost in the region of £70 per person. However, the committee of Cambridge Advanced Motorcyclists has taken the decision that it would be of significant benefit to our members and the region's motorcycling community if we were to offer this at a reduced, more affordable rate of £15 per person.

The course numbers will be strictly limited to 15 attendees to ensure an appropriate instructor to attendee ratio. Places will be allocated on a "first come" basis and must be booked in advance using the form attached.

We would encourage all of our associates and members to seriously consider attending this course - it will teach you skills that could help save the life of a fellow motorcyclist. Please

also bring this to the attention of any motorcyclists that you know outside of CAM that may be interested - we will all benefit from a wide cross-section of the region's motorcyclists holding such knowledge.

If you would like to reserve a place on this course please send a completed booking form with cheque to:

Cambridge Advanced Motorcyclists
PO Box 1159, Comberton, Cambridge, CB23 7WH

Please note that this event is now full so no more applications should be sent through but you are invited to put your name on the list for the next event.

Meet the Examiner – Speaker Evening: 12th November

Remember, Remember the 12th of November

Ok, ok that's not how the rhyme goes, but the 12th November is still an important date for your diary.

Cambridge Advanced Motorcyclists (CAM) has organised for two excellent speakers to give talks on topics that should hopefully ensure that the only sparks flying are fireworks!

The speakers are...

Simon Burgin (IAM Examiner) whose talk will give you the opportunity to "Meet the examiner" and Steve Merrit [Cambridge County Council Road Safety Office] who will talk on ETP (education, training and publicity)

With the doors opening at 19:30 -- this events is aimed primarily at associates and observers, but all full members are welcome to come along.

The talks will begin at 8pm and should be over by 9.30pm and will be held in Trumpington Village Hall. There will also be the chance to ask Simon and Steve questions.

Trumpington Village Hall, High Street, Trumpington, Cambridge, CB2 9HZ

Teas and coffees and even a biscuit or 2 will be on offer! After the event some of us will adjourn to a local pub, and you would be welcome to join us.

This is a free event although we do ask that you email to confirm you will be attending for an idea of numbers. Also, if you have any queries please contact secretary@camsiam.org.uk.

David Bradshaw & Sarah Pinion - Congratulations

Martin & Janet Pinion and Stephen & Teresa Bradshaw wish David Bradshaw & Sarah Pinion lots of love & happiness for the future and their forthcoming wedding on 15th May 2010. Must be the first IAM wedding ? They first met on an Aldeburgh ride two years ago

Committee Feedback

If there are issues that you would like to be considered by the committee at a future meeting can you please send an outlining e-mail to Stephen Bradshaw sbofnewport@btinternet.com

Test Passes

Congratulations for passing the IAM test to N.Urquhart, J.Massey, J.Hyde, S.Teasdale, P.Howes, D.Mayers, K.Manning & D.Lewis

Useful Information

Observer's Contacts

As CAMunicate is now accessible from the public pages of the website the contact details of the Observers has been removed. A separate listing will be maintained in the password protected section accessible by members.

If an Associate has not heard from his or her Observer then please use the list to make contact. Any problems then please get in touch with Steve Alsop or Ian Beeby and they will sort things out for you.

CAMunicate Contributions

Please send all contributions for CAMunicate to the editor at the e-mail shown below.

Alternatively if you have some ideas that you think would make a good article but would prefer not to write yourself then call me to discuss.

Name	Location	E-Mail	Telephone
David Nobel	Cambridge	dn.cam@ntlworld.com	01223 510559

Group Contact

If you require information for a friend about the Group's activities or have other queries please contact:

Adrian Peters
Club Secretary
PO BOX 1159
CAMBRIDGE
CB23 7WH
07967 270252 / 01954 211189
adrian@peterstrio.co.uk

or visit the website on;

www.cambsiam.org.uk

Diary of Events – 2009

Date	November Events
1 st	Sunday Group Ride
7 th	First Aid Course
11 th	Theory Session
12 th	Meet the Examiner (PM)

Date	November Events
15 th	Sunday Group Ride
18 th	Observer Evening
29 th	Observers Ride
30 th	Committee Meeting

Date	December Events
6 th	Sunday Group Ride
20 th	Sunday Group Ride

Diary of Events – 2010

Date	January Events
3 rd	Sunday Group Ride
17 th	Sunday Group Ride
25 th	Committee Meeting
31 st	Observer only ride

Date	February Events
7 th	Sunday Group Ride
19 th	Bad Conditions Course
21 st	Sunday Group Ride
22 nd	Committee Meeting

Date	March Events
7 th	Sunday Group Ride
10 th	Theory Session
21 st	Sunday Group Ride
25 th	Social evening
29 th	Committee Meeting

Date	April Events
4 th	Sunday Group Ride
18 th	Sunday Group Ride
26 th	Annual General Meeting

Date	May Events
2 nd	Theory Session
9 th	Assessment Day
12 th	Theory Session
13 th	Observer evening
16 th	Sunday Group Ride
16 th	All Day Ride
30 th	Skills Day
31 st	Committee Meeting

Date	June Events
6 th	Sunday Group Ride
20 th	Sunday Group Ride
20 th	All Day Ride
28 th	Committee Meeting

Date	July Events
4 th	All Day Ride
7 th	Theory Session
7 th	Social evening
7 th	Sunday Group Ride
10 th	Ladies Ride
11 th	London Early AM Ride
18 th	Sunday Group Ride
26 th	Committee Meeting

Date	August Events
1 st	Sunday Group Ride
15 th	Sunday Group Ride
15 th	All Day Ride
23 rd	Committee Meeting
29 th	Observers Ride

Date	September Events
5 th	Sunday Group Ride
12 th	Assessment Day
19 th	Sunday Group Ride
19 th	All Day Ride
27 th	Committee Meeting

Date	October Events
3rd	Sunday Group Ride
6th	Theory Session
17th	Sunday Group Ride
25th	Committee Meeting
28th	Social Evening
31st	Observer only ride

Date	November Events
6th	First Aid Course
7th	Sunday Group Ride
21st	Sunday Group Ride
29th	Committee Meeting
29th	Observers Ride

Date	December Events
5th	Sunday Group Ride
19th	Sunday Group Ride

For the latest information see the main calendar on the website at www.cambsiam.org.uk